When you believe

but you need the Lord to help your unbelief (Mark 9:24).

Jesus knows what it is to feel temptation (Heb 4:15), weariness (Jn 4:6), thirst (Jn 19:28), rejection (Mt 27:22), and horrific pain (Mt 27:26).

But Jesus also



1. Empathizes with you

"For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin."

—Hebrews 4:15



2. Heals you

"And he went throughout all Galilee, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction among the people." —Matthew 4:23



3. Forgives you

"And Jesus said, 'Father, forgive them, for they know not what they do." —Luke 23:34a



4. Sustains you

Jesus said, "Behold, I am with you always, to the end of the age." —Matthew 28:20b

Will you bring your questions and struggles to Jesus?



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